

ABSTRACT

A phase change optical recording medium together with methods for optimally initializing and recording feasible for carrying out read/write/erase operations at multiple recording velocities ranging from 5 4.8 m/sec to 30 m/sec. Preferably, a recording layer included in the recording medium essentially consists of Ag, In, Sb and Te, with the proportion in atom % of a(Ag): b(In): c(Sb): d(Te), with  $0.1 \leq a \leq 7$ ,  $2 \leq b \leq 10$ ,  $64 \leq c \leq 92$  and  $5 \leq d \leq 26$ , provided that  $a + b + c - d \geq 97$ . Initializing the recording medium uses a scanning beam spot from a high 10 power semiconductor laser having energy density input equal to, or less than,  $1000 \text{ J/m}^2$ , scanning speed of the beam spot in the range of 3.5 m/sec to 6.5 m/sec<sup>0</sup>, and intensity of laser emission equal to, or greater than 330 mW. Determining an optimum recording power includes at least calculating a normalized gradient  $g(P)$ , from the equation  $g(P) =$  15  $(m/\Delta m)/(P/\Delta P)$ , where  $\Delta P$  is an infinitesimal change in the vicinity of recording power  $P$ , and  $\Delta m$  is an infinitesimal change in the vicinity of signal amplitude  $m$ .